

# Sibley County Home Study Group Program 2013



Sibley County Extension Office  
111 8th Street, PO Box 207  
Gaylord, MN 55334  
Phone: 507-237-4100  
Fax: 507-237-4099  
E-Mail: bentz002@umn.edu

## **2013 Home Council Officers**

<b>President:</b>	Joan Rose	26996 351st Avenue, Henderson	507-248-3834
<b>Vice President:</b>	Nichole Rose	34222 270th Street, Henderson	507-248-3147
<b>Secretary/ Treasurer</b>	Maddie Stoltz	219 Plum Run, LeSueur	507-665-6554

## **Home Study Group Members**

<b>Name</b>	<b>Phone</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

<b>Name</b>	<b>Phone</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

### **Home Study Group Creed**

*As a Home Study Group member, I will strive to promote a better way of life for my family, my neighbor, and myself through continuing education, community service, and support to each other.*

*I believe it is my privilege and responsibility to serve to the best of my ability and to continue to improve myself while helping others to develop to their full potential.*

*May I always be willing to accept the challenges of the day by building on the strengths of the past and looking with optimism to the future.*



The University of Minnesota, including the Minnesota Extension Service, is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, sex, national origin, age, marital status, disability, public assistance status, veteran status or sexual orientation.

## Cooking Green

Presenter: April Graff, Dietitian

Tuesday, January 22nd

6:30 p.m.

HyVee Hilltop - Mankato

**RSVP by January 14, 2013**

*Do you know what a nutritional powerhouse green vegetables are? This class will teach us the nutritional value of leafy, green vegetables as we sample recipes using these powerhouse vegetables. Copies of all the recipes will be included. Carpool leaving the Sibley County Service Center at 5:30 p.m.*



## JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### Our Group Meeting

Location: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_

## FEBRUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		



### Home Council Meeting

Thursday, February 21st

6:00 p.m.

Sibley County Service Center



### Flowers, Flowers, Flowers

Thursday, February 21st

7:00 p.m.

Sibley County Service Center - Gaylord

Presenter: Jean's Floral and Crafts,

Jean and Lori Penas

RSVP to the Extension Office by **February 15th**

### Our Group Meeting

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_

*Flowers, Flowers, Flowers - In this class we'll learn how to care for house plants and fresh flowers, especially how to best make fresh flowers last longer. There will also be a Make it - Take it activity.*

## Spring Banquet

Tuesday, March 19th

6:00 p.m.

Sibley County Service Center

**RSVP by March 11th**

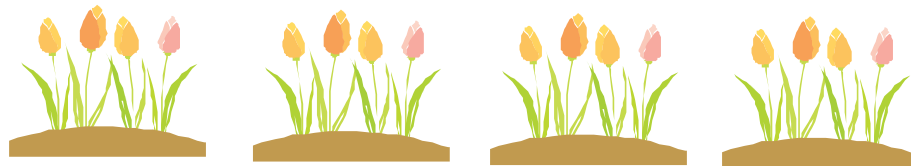
*Mark your calendars for the Spring Banquet on March 19th. (We've moved the banquet up a month to utilize fresh herbs for our April lesson.) Banquet arrangements are pending.*

### Our Group Meeting

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_



## MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### Home Council Meeting

Thursday,

6:00 p.m.

Sibley County Service Center



### Cooking with Herbs

Thursday, April 25, 2013

7:00 p.m.

Sibley County Service Center

Presenter: Giesela Meyer

**RSVP by April 15**

*In April we'll learn about herbs and cooking with herbs, a perfect prelude to the gardening season! Giesela Meyer will be with us sharing her knowledge and cooking skills using herbs to enhance your meals. Giesela has been an active member of the Minnesota Herb Society for many years and has a wealth of herb knowledge.*



dreamstime.com

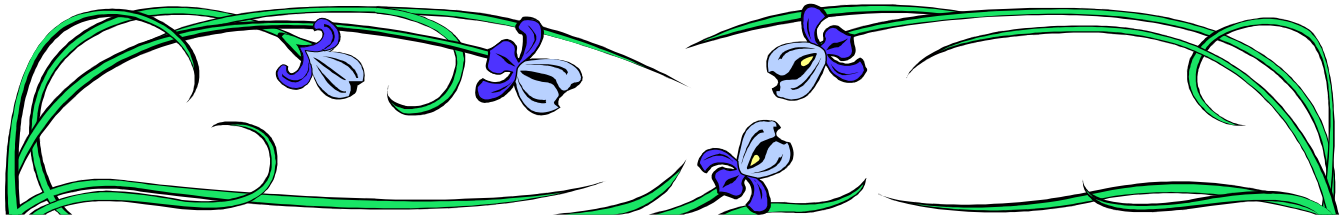
## JUNE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### Summer Tour

Date: TBD  
 Time: TBD  
 Location:

*The date has not been selected for the summer tour. We'll set the date as the time draws closer.*



## SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### Home Council Meeting

Thursday, September 26th  
 To follow Kick-Off  
 Sibley County Service Center



### Fall Kick-Off & Surprise Evening

Date: Thursday, September 26th  
 Time: 6:00 p.m.  
 Presenter: Surprise!!!  
 Location: Sibley County Service Center, Gaylord  
**RSVP by September 20th**

### Our Group Meeting

Location: \_\_\_\_\_  
 Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Lesson Leader: \_\_\_\_\_



*There will be a potluck supper at 6:00 followed by a surprise lesson and a short business meeting with election of 2014 officers. Come with ideas for lessons in 2014.*

# OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## Christmas Ornaments with Sandi

Thursday, October 10th

7:00 p.m.

Sibley County Service Center

Presenter: Sandi Claus Andersen

**RSVP by October 4th**

**Our Group Meeting**

---

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_



*Enjoy an evening with Sandi as she shares her talents in ornament making, along with her entertaining spirit. Prepare for the holiday season with a special ornament made in this class. Sandi will be making felt ornaments with us this year. See various ways to make and decorate felt ornaments. RSVP by October 4th.*

## Holiday Hor'duerves & Goodies

Date: Thursday, November 14th

Time: 7 p.m.

Location: Sibley County Service Center

Presenter: Sue Bentz & Others!

**RSVP by November 8th**

*The holidays are coming! Need some new ideas for your holiday feasting? We'll be making a variety of hor'duerves and sweets to help make your holidays festive and delicious!*

**Please RSVP by November 14th.**



# NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**Our Group Meeting**

---

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_

## DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### Our Group Meeting

Location: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lesson Leader: \_\_\_\_\_

# Merry Christmas



### Create Your Own Lesson

*Choose from among the following lessons available through the Sibley County Extension Office.*

- ◆ Master Your Garden: Rain Barrels & Composting at Home (2010)
- ◆ A touch of Diabetes; Eating Well on a Budget (2010)
- ◆ Cooking Safely for a Crowd (2010)-
- ◆ American Indian Culture (2010)
- ◆ What's New in Home Food Preservation (New in 2009)
- ◆ Birding Basics (New in 2009)
- ◆ Credit Score: One Part of a Credit Report (New in 2008)
- ◆ What You Need to Know About Food Allergens (New in 2008)
- ◆ Local Foods: What has changed in 150 years (New in 2008)
- ◆ Rain Gardens (New in 2007)
- ◆ Container Gardening (New in 2007)
- ◆ Organizing Important Family Papers (New in 2007)
- ◆ Staying Resilient in Times of Change (New in 2007)
- ◆ Recycling Used Water: Understanding Septic Systems (New in 2007)
- ◆ Operation Military Kids
- ◆ Home Cooking with Whole Grains
- ◆ Social Capital - The Glue That Holds Communities Together
- ◆ Water Wise Lawn Care
- ◆ OnGuard - Protecting America's Food System
- ◆ Attracting Birds to Your Backyard
- ◆ My Pyramid - The New Food Pyramid, Using MyPyramid In Your Life
- ◆ Food Security Issues
- ◆ Grandparenting in a Changing World
- ◆ Trans Fat
- ◆ Financial Security in Later Life
- ◆ Identity Theft - Your Credit Report
- ◆ It's Time to Get Moving - benefits of physical activity and developing an activity plan
- ◆ All Past Lessons